

Sermon Discussion Questions

Matthew 6:25 to 34

Seven Solutions for the Sin of Anxiety

1. How do some people justify their anxiety? Why is this dangerous?
2. What is the difference between strong concern and anxiety? How do you know when your concern has turned sinful? (consult Phil. 4:6-7)
3. How do people feed their anxiety? What do they believe their actions will accomplish?
4. What lies do anxious people believe? What is the fruit of this thinking?
5. Why is it essential to battle sinful anxiety with truth (cf. Rom. 12:1-2)? Can you think of any specific Scriptures which would help the anxious Christian?